

## **GSSA FIELD CONDITIONS AND WEATHER POLICY**

**Approved: July 14, 2025**

GSSA is committed to the wellbeing of our players and parents. Storm conditions, lightning, and extreme temperature typically factor into the decisions. Please check the website prior to your game. DON'T assume that your game is cancelled until the website says the field is closed.

### **FIELD STATUS DECISIONS**

Field status for Grapevine and Southlake fields will be determined by 4 p.m. on weekdays; by 7:30 a.m. on Saturdays and by 10 a.m. on Sundays.

GSSA field status will be posted at [gssasoccer.org](http://gssasoccer.org) (bottom of main page and also on Game Day/Fields tab).

For games at non-GSSA locations, check the field status of the association where the game is scheduled. Links to NMCSL association sites are available on the Game Day tab of the GSSA site.

Be aware that field closures may vary by association.

Games that are cancelled for weather will be rescheduled whenever possible.

### **LIGHTNING**

Should the lightning detection system alert at the fields, a single siren will sound. All players, parents, and coaches must leave the fields and go to their vehicles. While the lightning delay is in effect, the lightning detection machine will flash a yellow light for the duration of the lightning delay. When the lightning delay has ended, the siren will blast three times indicating it is safe to return to the fields.

### **COLD WEATHER**

GSSA will cancel or postpone any game in which the "feels like" temperature is below 38 degrees. At 7 a.m. on game days, GSSA will make a determination and post online whether the association will:

- Cancel all games prior to a certain time at GSSA fields or
- Cancel all games for the entire day at GSSA fields

In the event of cold weather higher than 38 degrees players are allowed to wear additional clothing under the uniform.

Examples of acceptable additional clothing are: Long sleeves, long pants, extra socks, gloves or mittens, stocking caps (without straps), jackets, headbands (to cover ears).

Unacceptable additional clothing items are: Hooded sweatshirts, ear muffs (with plastic or metal pieces), scarves. Final decision for allowing a player to play rest with the referees and GSSA officials.

## HOT WEATHER

GSSA follows the US Soccer Heat Guidelines for hot weather in the Cat 3 region for practices and notifies coaches of Wet Bulb Globe Temperature issues on hot days.

ALERT LEVEL	WBGT BY REGION (°F)			EVENT CONDITIONS	RECOMMENDED WORK TO REST RATIOS (ACTIONS & BREAKS)
	CAT 1	CAT 2	CAT 3		
<b>BLACK</b>	>86.2°	>89.8°	>92.0°	Extreme Conditions	No Outdoor Training, delay training until cooler, or Cancel Training.
<b>RED</b>	84.2-86.1°	87.8-89.7°	90.1-91.9°	High Risk for Heat Related Illness	Maximum of 1 hour of training with 4 by 4 minute breaks within the hour. No additional conditioning allowed.
<b>ORANGE</b>	81.1-84.1°	84.7-87.7°	87.1-90.0°	Moderate Risk for Heat Related Illness	Maximum of 2 hours of training with 4 by 4 minute breaks each hour, OR a 10 minute break every 30 minutes of training.
<b>YELLOW</b>	76.3-81.0°	79.9-84.6°	82.2-87.0°	Less than Ideal Conditions	3 Separate 4 minute breaks each hour, OR a 12 minute break every 40 minutes of training
<b>GREEN</b>	<76.1°	<79.8°	<82.1°	Good Conditions	Normal Activities. 3 Separate 3 minute breaks each hour of training, OR a 10 minute break every 40 minutes

When heat is an issue during games, additional water breaks will be incorporated into the games by the referees.

## DURING GAMES

Cancelling the game is left to the discretion center referee once the game is in progress. Games cancelled after the second half begins are considered final and will not be made up. Games cancelled before the second half begins will be rescheduled whenever possible.